

# Takeaway Menu

## ~HOMEMADE SEEDED BAGELS~

Our newest addition to the Nutmegs menu, we make these bagels fresh, with a good chew and nice malt flavour. Served with a salad garnish. (Contains Sesame)

- Salmon & Cream Cheese - £5.50
- Posh Fish Finger, Our Tartare sauce & Rocket - £6
- Pancetta, Rocket, Tomatoes & Mayo - £5.30
- Avocado, Halloumi & Chilli Jam - £5.30
- Cream Cheese & lightly pickle Red Onion - £4.60
- Vegan. Avocado, Red Pepper, Courgette & Sun-dried Tomato Mayo - £5.00

## ~FLATBREADS~

We make our flatbreads by hand, taking inspiration from the Mediterranean.

Lemon & oregano chicken with sumac yogurt, fresh Greek salad, wrapped in our handmade flatbread - £7.85

Griddled courgette, red pepper & onions, hummus, avocado with fresh Greek salad - £7.25

## ~Grilled Sandwiches~

Served on white or seeded whole meal, with side salad and coleslaw.

Grilled Chicken- *Grilled chicken breast, smashed avocado, toms, lettuce, pancetta & mayo.*

*(Make it a salad) - £7.55*

Steak- *Grilled Steak, topped with caramelised onion, lettuce, toms, mushrooms & mayo.*

*(Make it a salad) - £7.95*

## ~Quiche~

A Homemade Quiche Of The Day, served with side salad and our coleslaw.

Please ask for flavour of the day - £7.45

## Light Bites

## Drinks

### Toasties

Ham, Cheese & tomato £4.95

Tuna, Cheese & red onion £4.95

Cheddar & Spring onion £4.50

Baked bean & Cheddar £4.50

### Soft Sandwiches

Ham, Tomato & Rocket with mustard mayo £3.95

Egg Mayonnaise & cress £3.80

Cheese & Chutney £3.80

Tuna Mayonnaise & Cucumber £3.80

Smoked Salmon & Cream Cheese £3.95

Tomato, Avocado & Mayo £3.75

Prawn in Marie rose & rocket £3.95

### Small Bites

Toasted Tea Cake £1.75

Hot Crumpets £2.55  
Choice of Jam, Marmite or Nutella

Toast £1.75  
Two slices of toasted white or seeded wholemeal bread with butter.

Savoury Breakfast Scones £4.50  
Two freshly baked cheese scones with cream cheese, bacon crumbles or smoked salmon.

Cream Tea £5.35  
Two fruit, or plain, freshly baked scones, served with jam, clotted cream and a pot of tea or cafeteria coffee.

Scones- Fruit, plain or cheese, served with butter £1.20

Extra- Cream and jam £1.20

### Coffee

Latte - £2.10  
Cappuccino - £2.10  
Flat white - £2.20  
Americano - £1.95  
Espresso - £1.25  
Mocha - £2.20  
Hot Chocolate - £2.20  
Babyccino - £0.40

Cafetière- individual £2.30

Executive- Medium Roast  
Colombia Alta Supreme- Fruity Roast  
Costa Rican San Pablo- Dark Roast  
Brazilian- Smooth Roast

### Tea

Tea For 1 £2.00  
Tea For 2 £2.60

### Milkshakes

Chocolate, Strawberry, Vanilla & Banana £3.25

### Soft Drinks

Traditional Lemonade / Elderflower / Raspberry Lemonade £1.40

Apple / Orange juice £1.60

Diet / Coca Cola £1.50